

SGC Happy Lunchtimes



'Never settle for less than your best'

Jesus said, 'I am the light of the world. Whoever follows Me will not walk in darkness, but will have the light of life.' John 8:12

SGC Happy Lunchtimes

Here at St George's Central CE Primary School and Nursery we are proud to provide our children with range of different activities at break times and lunch times. That is why we are excited to introduce Happy Lunchtimes. This is a new approach to lunchtimes designed to make them an enjoyable, positive part of every school day.

During the Summer Term 2026, staff at St George's Central undertook some training to further improve our offer of activities for children during lunchtimes. The training was led by Steve Harris from Wellbeing Education. Steve provided us with a range of new ideas to help us re-structure our approach to lunchtimes. During June and July, we began to implement some of these approaches across school which the children seemed to enjoy.

Happy Lunchtimes will give everyone the opportunity to get involved, whether you enjoy being active, getting creative, playing games, spending time with friends or simply having some quiet time. There will be lots of different activities on offer, so there will be something for everyone.

Happy Lunchtimes at SGC

During lunchtimes, an area of the playground will be designated as 'The Zone', offering different activities daily to cater to something that everyone will enjoy. The Zone will be supervised by a member of staff each lunch time and they will select an activity for the children to take part in and ensure that the rules are known and respected by all the children who want to be involved.

The Zone aims to be inclusive and welcoming to all children, and therefore unless the activity is limited to a certain number of children at one time, all children will be able to take part in the activity that is in The Zone.

The Zone will run alongside all of the sporting activities that we offer at lunch times. Some of these include football, basketball, netball, cricket, mini golf and using the gym equipment.

Rules in place for The Zone are:

- Equipment that is being used specifically for the activity within The Zone, must always stay within its designated area.
- Everyone is welcome and can join in (unless the activity is for a certain number of children at a time).

Wet Play / Wet Lunchtimes at SGC

During wet playtimes and lunchtimes classrooms can become busy and this can sometimes lead to distress or poor behaviour. Our new approach to wet playtimes and lunchtimes involves using the different classrooms across key phases to offer different activities. At the start of the wet playtime or lunchtime the children can choose the room that suits their personality, and they must commit to that room for their whole playtime. This new approach allows children to choose what activity they would like to take part in and will allow them to socialise with friends from different classes.

Key Stage 1

Y1TL – TV Time

Y1/2PD – Board Games

Y2BH – Colouring/Drawing

Key Stage 2

Y3GC – TV Time

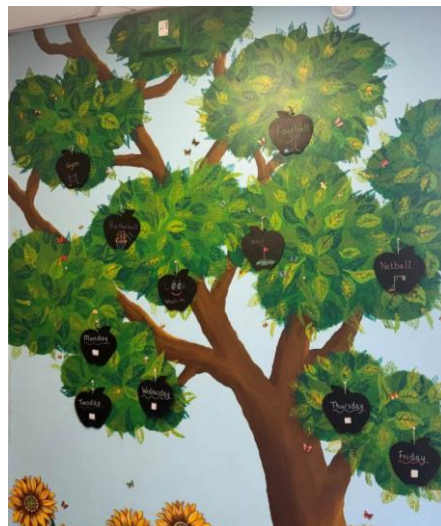
Y3/4LB – Board Games

Y4CB – TV Time

Y5RT – Colouring/Drawing

Y5/6RO – Board Games

Y6AM – Colouring/Drawing



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Rewards

Rewards in place as part of SGC Happy Lunchtimes include:

1. Pom-Poms

Members of staff on the playground can award pom-poms for positive behaviour during lunchtime. Pom-poms will be collected in jars for each class across school. The winning class will be announced each week in celebration worship. This class will be presented a treasure chest containing a class treat.

2. Certificates

Each member of staff from lunchtime will choose a pupil for a lunchtime award that is given out during celebration worship each week.

3. Table of Awesomeness

During the final week of each half term, lunchtime staff will each nominate 2 children to sit at the Table of Awesomeness, along with some of the lunchtime staff. This table will be decorated and have treats on for those children who have been chosen for their positive behaviour throughout the half term.



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Consequences

Consequences in place as part of SGC Happy Lunchtimes include:

1. A quiet word

This will be used when someone behaves in an unwanted way, but it was unintentional. For example, asking a child to stop doing something, that they didn't know they weren't allowed to do. Members of staff will:

- listen if the child wants to explain
- remain quiet and calm
- make the expectation clear
- leave the child with a smile

2. Two-minute reflection and apology

This will be used when expectations or the school rules (Ready, Respectful, Safe) have been made clear, and the child decides not to follow them. The member of staff will explain to the child, what was unacceptable about their behaviour, and they will complete their two-minute reflection accompanied by that staff member. The child will be asked to apologise and reflect on what they have done, show respect and take responsibility. The reflection would only be extended to five minutes if the child was uncooperative.

3. Red Line Behaviours

These behaviours include things that directly break our school rules (Ready, Respectful, Safe). Some of these include bullying, racism, violence of any kind, swearing and outright defiance. In this situation, the child would be taken to a senior member of staff in school. The senior member of staff will take appropriate action, and the child will be returned to the lunchtime member of staff to complete their two-minute reflection and apologise.

We hope that our new approach to lunchtimes is enjoyable and engaging for our children at St George's Central. If you have any questions or suggestions, please do not hesitate to contact our school office.



Happy Lunchtimes Award

Wellbeing Education

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